



Shri Vile Parle Kelavani Mandal's Institute of Pharmacy, Dhule

Survey No. 499, Plot No.03, Behind Gurudwara, Mumbai-Agra Highway,
Dhule 424001, Maharashtra, Phone: 02562-297802, 297805.

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Date: - 21/06/2021

Yoga Camp

SVKM's, Institute of Pharmacy, Dhule Celebrated 7th International Yoga day with the Thematic message "Be with Yoga, Be at Home". On this occasion 3 days Workshop was arranged online for Staff, Students and Parents i.e. from 18th June to 20th June 2021 timing 7:30am to 8:30am Daily on Prannayam and Yogmudra, whereas on 21st June International Yoga day an Online session was arranged for Staff, Students and Parents on MS Team Platform. Staff, Students and Parents had enthusiastically participated in this session and E-certificate is given to all the participants.

The Yoga day online session started exactly at 10:15 am with Prayer, and systematic practice of different 'ASANAS' of standing, sitting and laying positions (both lying on back and reverse) smoothly changing in succession under the instructions of Yoga teacher and supervision of trained Volunteers. During the course of "Yogabhyas", the Yoga teacher also narrated the usefulness of different "Asanas", Prannayam and Yogmudra as a precautionary measure, in curing many Diseases and the usefulness of Yoga in the overall wellbeing of a human being. The entire "YOGABHYAS" lasted for an hour and ended at 11:15 am with a "Sanskrit Shloka" and Oath by all the participants that they will continue to practice Yoga for keeping their Body and mind in healthy, stress-free and cheerful condition.

Guest Speaker: - Yog Guru Mr. **Yayant Vibhandik** (B.A. Yoga)(M.A. Yoga) Member of Yog Dhaam, Dhule.

Patron: - Principal, **Dr. Sameer N. Goyal**, SVKM's Institute of Pharmacy, Dhule.

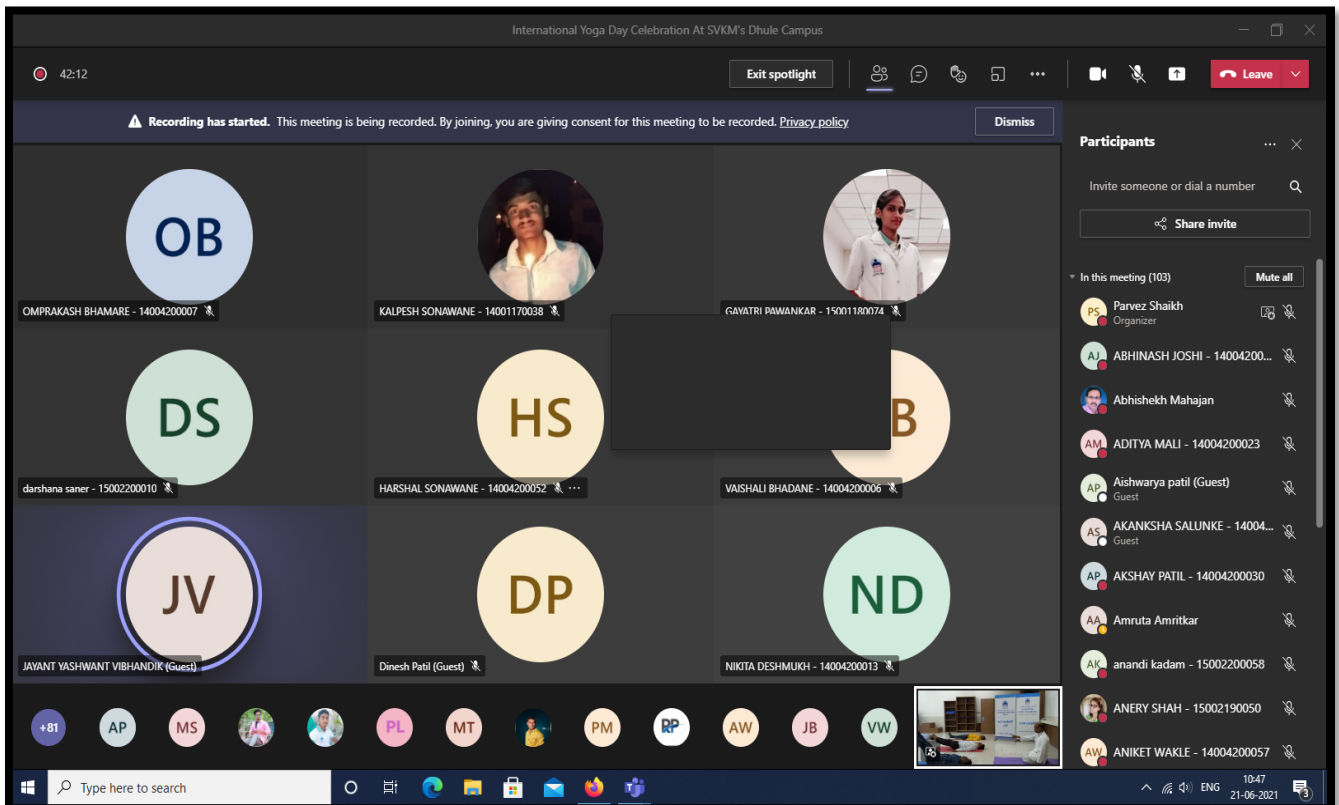
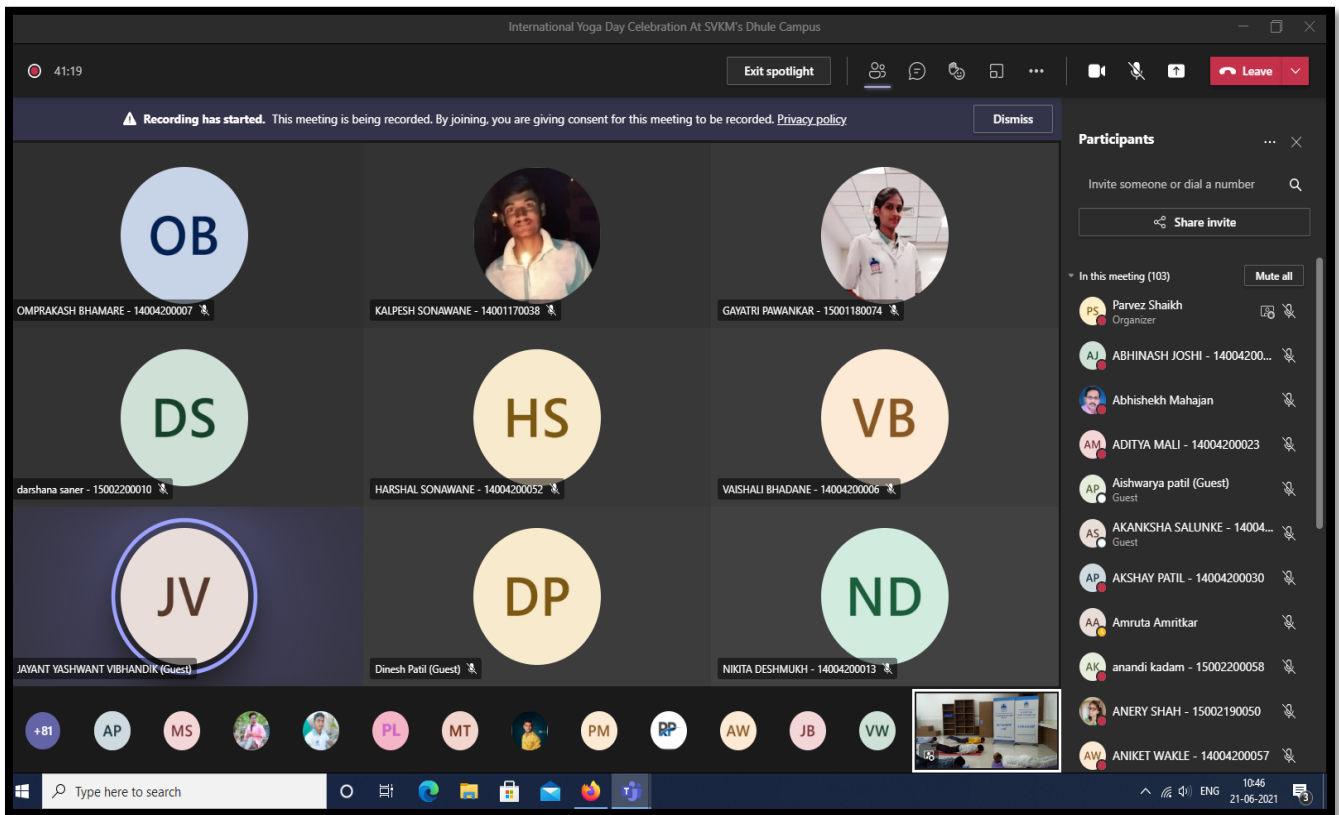
Organizer: - Mr. Parvez Shaikh(Incharge: Department of Physical Edu. & Sports, Institute of Pharmacy, Dhule)



Dr. Sameer N. Goyal
Principal

SVKM's Institute of Pharmacy, Dhule
S.R. No. 499, Plot No.03, Behind Gurudwara,
Mumbai Agra Highway, Dhule-424 001.

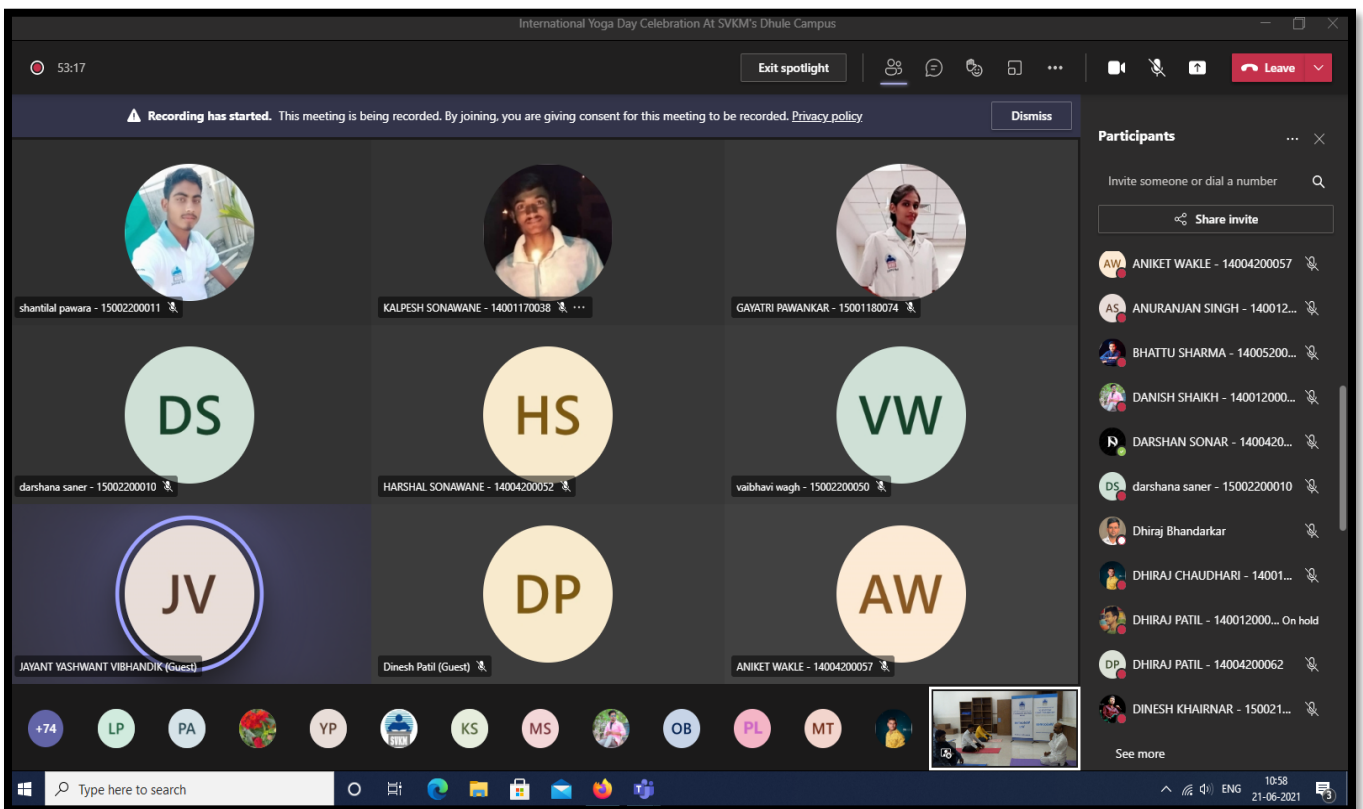
Screen shot of Online Session and pics





21st JUNE INTERNATIONAL YOGA DAY ORGANISED BY SVKM INSTITUTE OF PHARMACY
 DHULE, Maharashtra, India
SVKM's Institute of Pharmacy, Dhule,
 Maharashtra 424006, India
 Lat N 20° 52' 16.4028" Long E 74° 46' 2.8524"
 21/06/21 10:58 AM

31.78° C
 140° SE
 31.0 μT



- Recording has started. This meeting is being recorded. By joining, you are giving consent for this meeting to be recorded. [Privacy policy](#)
- Participants
- ANIKET WAKLE - 14004200057
 - ANURANJAN SINGH - 140012...
 - BHATTU SHARMA - 14005200...
 - DANISH SHAIKH - 140012000...
 - DARSHAN SONAR - 1400420...
 - darshana saner - 15002200010
 - Dhiraj Bhandarkar
 - DHIRAJ CHAUDHARI - 14001...
 - DHIRAJ PATIL - 140012000... On hold
 - DP DHIRAJ PATIL - 14004200062
 - DINESH KHAIRNAR - 150021...



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INSTITUTE OF PHARMACY DHULE
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DTE CODE - 5448



Stay Safe. Stay Healthy..

Celebrating
International
Yoga Day

21st June 2021





Shri Vile Parle Kelavani Mandal's
Institute of Pharmacy, Dhule

Approved by PCI, AICTE & DBATU Lonere



7th International Yoga Day

Speaker

3 Days Workshop on

Pranayam &
Yogmudra



Mr. Jayant Vibhandik
M.A. Yoga



18th June To
20th June 2021



07:30 AM To
08:30 AM

Join Us
On



<https://tinyurl.com/ckt6tsbm>

Co-Ordinator

N.S.S. Unit &
Physical Edu. And
Sports

Convenor

Dr. Sameer Goyal
Principal